Head of Academy Mrs H McVicar Ralph Road, Staveley, Chesterfield, S43 3PU T: 01246 472220 W: www.netherthorpe.academy E: info@netherthorpe.academy

Ref HMV/ljo 15 March 2021

Home Testing for Covid-19

Dear Parent/ Carer

I hope this letter finds you and your family well.

Up to one in three people who have COVID-19 can spread the virus without knowing. This is because they have no symptoms. To reduce the spread of the virus, we need to identify those individuals.

<u>The Government has recently announced that</u> all secondary and college aged students will be offered tests to make the return to school safer for everyone.

Since the full re-opening of Netherthorpe last week, we have successfully tested 1083 students every 3-4 days and at the end of this week we will begin the move to the twice weekly home testing programme.

Testing students at home

When students attend their third test session in school this week, they will be given their home testing kits.

If your child has not consented to the in-school testing but wishes to complete testing at home, please let us know and we will arrange for them to be added to the distribution list.

We would like them to take their tests before school on Monday and Thursdays. Preferably, this would be in the morning before going into school. However, we understand that for some people this may be challenging. Therefore, tests can be taken the evening before school if needed.

In addition to informing NHS test and trace of the results, you will also need to tell the school the result of each test by clicking on the link below or by scanning the QR code:

https://forms.office.com/Pages/ResponsePage.aspx?id=HGJrflzg-EaaHq20I7wXvLJsoBO6KFRDgDrrA7nNkLdUMVRXRFBWTEc5MIJWSVFJTjI3QUp XSDJNVi4u



Tests are free of charge. Students will receive two boxes containing 3 tests with a leaflet on how to take the test and report the results.

These test kits must only be used by the students who are allocated them. However, as of 1 March, whole families and households with primary school, secondary school, and college age children, including childcare and support bubbles, will be able to test themselves twice every week from home. This testing can be accessed through a number of different channels. (Please see the FAQ section below)

Taking the test

Students should take the test, before coming into school twice a week. We will give students a leaflet with instructions on how to do the test with the kit. There is also a useful video to show you how to take the test here.

<u>Help and support is available</u>, including instructions in different languages on how to test and report the results and a video showing you how to take the test.

There is no need to keep used test equipment after the test result has been reported. You can put it in your normal bin (household waste).

This does not replace symptomatic testing. If you have symptoms, you should self- isolate immediately, book a PCR test and follow national guidelines.

What should you do after the test?

If anyone tests **positive-** you, your household and any support bubbles you are part of, should self-isolate immediately in line with NHS Test and Trace guidance for 10 full days from the date of the test.

You need to report your result to both <u>NHS Test and Trace</u> and your school. The survey will provide further guidance on next steps.

You should <u>order a confirmatory PCR test</u> if you are testing at home (confirmatory PCR tests are not needed if the test was conducted at the Asymptomatic Test Site at School).

If the result of the test is **unclear (void)** you should do another test.

Negative and void results should also be reported to both <u>NHS Test & Trace</u> and the school.

A negative result does not guarantee that you are not carrying the virus. So, you should continue to follow social distancing, and other measures to reduce transmission such as wearing a face mask and regularly washing your hands and observing social distancing.

CAVENDISH

If you or anyone in your household gets symptoms of the virus you should follow <u>national guidelines on self-isolation and testing</u>.

You need to report each test result

The result of each test needs to be reported using the NHS Test & Trace self-report website: https://www.gov.uk/report-covid19-result.

You will also need to tell the school the result of each test by following the link/ QR code provided earlier.

Why take part

Taking part in testing is voluntary and all students will be able to attend school whether they take part in testing or not.

I am strongly encouraging all students to take part. Testing at home will allow your child and other students to attend school as safely as possible.

As schools return to full attendance, we understand parents' frustration when their child is asked to isolate at home either after testing positive for coronavirus (COVID-19), or because of being in close contact of someone who has tested positive.

However self-isolation is one of the most important things we can do to help stop the spread of the virus and help protect our friends, family and our community. Around one in three people with coronavirus (COVID-19) have no symptoms, and so finding and isolating these hidden cases quickly will help to stop outbreaks before they get a chance to develop.

If your child has tested positive having been tested using a lateral flow device (LFD) test at school, they do not need a PCR confirmation because these tests are done in a supervised environment. Lateral flow device tests are at least 99.9% specific, meaning the likelihood of a false positive is extremely low – less than 1 in every 1,000. PCR testing will always carry a risk of producing false negatives. At the moment, carrying out LFD tests in supervised conditions and not carrying out confirmatory PCR testing means we capture the maximum possible number of coronavirus (COVID-19) infections during the initial return to school period.

Once your child starts testing at home using lateral flow tests, positive results must be followed up with a confirmatory PCR test (as these tests are not conducted in a controlled environment).

If you have any questions or concerns about home testing, please don't hesitate in contacting the school.

Thank you for your support.

H.McVicar

Head of Academy



Some frequently asked questions

Do I need to give consent?



Students and parents do not give written consent to take part in the home testing programme. Please read the information below on how personal information and test results are shared and the privacy notice (which can be found on our website: Netherthorpe School - Covid-19 Testing for Students).

Once you open the kit you should take and report the results of the tests to NHS Test & Trace and school, regardless of the result (positive, negative, or void).

Can my child take the tests themselves?

Students aged 18 and over should do the test themselves and report the result, with help if needed.

Students aged 12-17 should do the test themselves with adult supervision. The adult may help the student to take the test if they need support.

Students aged 11 must be tested by an adult and the adult must report the result.

Reporting problems or issues with testing

If there is an issue with the test kit, for example something is missing, please report it by calling **119** and please also tell the school.

If an accident or injury happens whilst using the test kit, please seek medical care by calling 111 (or 999 if it is an emergency). Please also report what happened using this website: https://coronavirus-yellowcard.mhra.gov.uk/

What type of tests will be used?

We will be sending home Lateral Flow Device (LFD) tests. They are a fast and simple way to test people who do not have symptoms of COVID-19, but who may still be spreading the virus.

The tests are easy to use and give results in 30 minutes.

Further information: https://www.gov.uk/guidance/understanding-lateral-flow-antigen-testing-for-people-without-symptoms

Are LFD tests accurate?

Lateral Flow Devices identify people who are likely to be infectious. These individuals tend to spread the virus to many people and so identifying them through this test is important.

These tests have been widely and successfully used to detect COVID-19 in asymptomatic individuals and are approved by the Medicines and Healthcare products Regulatory Agency (MHRA). The speed and convenience of the tests



supports the detection of the virus in asymptomatic individuals, who would not otherwise have got tested.

The tests are highly specific, with low chance of false positives. They are also very sensitive and are able to identify the majority of the most infectious yet asymptomatic individuals. Extensive evaluation has been carried out on the tests and it shows that they are both accurate and sensitive enough to be used in the community for screening and surveillance purposes.

It is important to remember that these tests are only an aid to help stop the spread of the virus and you should continue to follow other guidance such as on wearing face coverings and social distancing.

How are LFD tests different to PCR tests?

There are 2 main types of test to check if you have coronavirus:

- polymerase chain reaction (PCR) tests check for the genetic material (RNA) of the virus in the sample you send the sample for processing at a lab
- lateral flow device (LFD) tests detect proteins called 'antigens' produced by the virus

LFD tests give rapid results, in 30 minutes after taking the test.

What does it mean if my child has a positive result?

If your child has a positive antigen LFD test result they, their household and any support bubbles they are part of should self-isolate immediately in line with NHS Test and Trace guidance for 10 days. You need to report your result to both NHS Test & Trace and your school.

You should order a confirmatory PCR test if you are testing at home (confirmatory PCR tests are not needed if the test was conducted at the Asymptomatic Test Site at School).

You can book a test here.

What does it mean if my child has a negative result?

A negative result does not guarantee that your child is not carrying the virus. So, you should continue to follow social distancing, and other measures to reduce transmission such as wearing a face mask and regularly washing your hands.

What if my child has a void result?

If the result of the test is unclear (void), they should take another one. If the next test is also void, your child should take a PCR test. You can book a test here.

All test results need to be reported to both NHS Test & Trace and school.



Do I need to send the test to a lab?

No. The LFDs supplied do not need to be sent to a laboratory to get a result and can give a quick result in around 30 minutes. Guidance on self-testing is contained in the 'Instructions for Use' leaflet, which comes with the test kit. There is also a useful video to show you how to take the test here.

How do you report the result?

You should report if the LFD test result is positive, negative or void, using this <u>service</u>. You also need to tell the school the test result. You will receive a text or email from NHS Test & Trace confirming that you have reported your test result.

All test results need to be reported to both NHS Test & Trace and school.

Can I or someone else in my household use a test kit sent home from school?

No, however whole families and households with primary school, secondary school, and college age children, including childcare and support bubbles, will be able to test themselves twice every week from home. This testing can be accessed through the following channels:

- get a rapid test at work, through workplace testing. Ask your employer for more information
- attend a test site to get tested where you will be able to see how to take the
 test or pick up tests to do at home (you can find your nearest test site via the
 postcode checker www.gov.uk/find-covid-19-lateral-flow-test-site or check
 your local council website)
- collect tests to do at home, find your nearest collection site <u>COVID Test</u>
 Finder (test-and-trace.nhs.uk)

If these options are not possible, there will be a supply of rapid tests for order online for people who need them the most. More information can be found on www.gov.uk/order-coronavirus-rapid-lateral-flow-tests

There is more information available about testing for households and bubbles of students.

How will personal information and test results be shared?

When your child takes a Lateral Flow test, you need to report the result. This is so that their test result can be traced, which means that you need to share some information about your child.

You need to tell the Department for Health and Social Care (DHSC):

- your child's name
- your child's test result
- the reference number on the test Kit



You will also need to tell your child's school or college their test result.

Under UK law, your child's school or college can collect and store test result data because it is in the 'public interest'. This means that your child's data helps us to stop the spread of the virus, and to keep your children in school. For example, we will tell your child to self-isolate if they get a positive test result.

Schools and colleges will only share information with the Department of Health and Social Care (DHSC) if the test kits used are found to be faulty. If this happens, DHSC will use our information to contact people who used the faulty tests, so that they can be tested again. This will ensure that testing is accurate and helps keep us all safe.

When you report test results online, you are sharing information with DHSC. They may share the information with your GP, local government, NHS, and Public Health England. This is so that they can offer your family health services and guidance if your child needs to self-isolate. They might also use your child's data anonymously (without their name or contact information) to research COVID-19, and improve our understanding of the virus.

For more information on how personal data is used for testing please see the detailed privacy notice on our website.

