

Job Centre Plus

Jobcentre Plus: Call 0800 055 6688 Textphone: 0800 023 4888
Universal Credit helpline: 0800 328 5644 Textphone: 0800 328 1344
Website <https://www.gov.uk>

Education and skills

DCC Libraries - Call 01629 533444 or email:
ask.library@derbyshire.gov.uk to book use of a library computer or for
digital skills support (over phone) or if you have an enquiry

Derbyshire National Careers Service

For aged 19yrs+ or age 18 if not in education or employment
Chesterfield area: 07717 303855 wendy.leigh@derbyshire.gov.uk
NED & Bolsover: 07767 670797 becky.stancill@derbyshire.gov.uk

Mental Health Services

Derbyshire Healthcare NHS Foundation Trust

Mental health support line Freephone 0800 028 0077 24hrs / 7days

Derbyshire Recovery and Peer Support Service

Call 01773 734989

DerbyshireRecoveryPeerSupportService@rethink.org

Samaritans

Call free on 116 123 24hr/7 days a week service or
email jo@samaritans.org (response time 24 hours) or
visit www.samaritans.org

Domestic Abuse

Call: 08000 198 668 If it's an emergency, call 999
Text: Derbyshire Domestic abuse Support Line 07534 617252
Email derbyshiredahelpline@theelmfoundation.org.uk

*Produced by Health and Wellbeing Partnerships for Chesterfield
and Bolsover and Healthy North East Derbyshire Partnership*

Important Information

**Please keep this somewhere
safe - just in case!**



*Coming out of lockdown may not be easy for some
of us and we may find it a struggle making ends
meet, dealing with debt, claiming benefits, looking
for work and more. It might be making you feel
quite low too. Don't worry...*

**FREE help and advice is on hand
locally**

*"Thank you for your support, it's a relief to know
that there's a way through this"*

**Don't bury your head in the sand – get help
as soon as possible!**

Chesterfield & North East Derbyshire

Chesterfield Citizen's Advice

Advice Helpline Call: 0300 456 8437

GP Surgery Outreaches: Contact your GP surgery to book a telephone appointment.

Citizen's Advice North East Derbyshire

Advice Helpline Call: 0300 456 8437 (same as for Chesterfield)

GP Surgery Outreaches: Contact your GP surgery to book a telephone appointment

Derbyshire Unemployed Workers Centre

Call 01246 231441 or email info@duwc.org.uk

or Facebook message us anytime

Chesterfield and North East Derbyshire Credit Union

Call 01246 278 833 or email webmail@cnedcu.co.uk

Chesterfield Borough Council Benefits advice

Call 01246 345 345

Homelessness prevention - Call 078702 77291 during office hours and 01629 533 190 for out of hours enquires

North East Derbyshire District Council

Call: 01246 231111

Website: www.ne-derbyshire.gov.uk

Email: connectNE@ne-derbyshire.gov.uk

Text: 07800 00 24 25

Rykneld Homes

Call 01246 217309 or Contact Centre on 01246 217670

Email contactus@rykneldhomes.org.uk

Bolsover

Derbyshire Unemployed Workers Centre

Shirebrook : Call 01623 748161

or email info@duwc.org.uk or Facebook message us anytime

Release Financial Charity

Call 01773 306289 07932 088331

Email info@releaseonline.org.uk

Bolsover District Council

Call: 01246 242436 or email: benefits@bolsover.gov.uk

Agencies covering across all 3 areas

CAP Debt Counselling

Service Helpline Call 0800 328 0006

DCC Welfare Rights

Call 01629 531535 or email: welfarebenefits@derbyshire.gov.uk

Money Sorted Personal Navigators

Derbyshire Law Centre: Call 01246 550674 / 0800 707 6990

Text: 07781 482 826 Email: dlc@derbyshirelawcentre.org.uk

Food Banks

For information on foodbanks near you visit the website for Rural Action Derbyshire

<https://www.ruralactionderbyshire.org.uk/foodbanks>

or call: 01629 529970

Free British Sign Language Video Relay Service for deaf claimants accessing Universal Credit. Visit the gov.uk website
<https://www.gov.uk/government/news/new-video-service-for-deaf-claimants-accessing-universal-credit>